

# Denoising Performance of Discrete Wavelet Transform and Empirical Mode Decomposition Based Techniques on Monitoring Cardiac Electrograms from the Left-Arm

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**Abstract** — This study evaluates the performance of three data-driven denoising approaches for enhancing the quality of cardiac electrograms recorded from bipolar leads on the left arm, thus being the case of far-field monitoring of the electrical activity of the heart and rhythm features. An arm surface potential mapping clinical dataset was developed and used retrospectively for this study. The study arm-ECG dataset consisted of 58 left-arm ECG bipolar leads gathered at the Craigavon Area Hospital, in Northern Ireland. The denoising methods considered were the Daubechies, order 10 (Db10), discrete wavelet transform (DWT), the discrete Meyer (Dmey) wavelet transform, and Empirical Mode Decomposition (EMD). Performance evaluation is quantified by measurements of the signal-to-noise ratio (SNR) and using the conventional method of ECG noise reduction by ECG signal averaging (SA) technique (a non-data-driven approach), as the golden standard performance control method. The performance results on two bipolar left-arm ECG leads: Lead-1 (on the upper-arm, transversally) and Lead-4 (axially, along the upper-arm), yielded SNR (media +/- SD) values for Dmey, Db10, EMD and SA of 11.8+/-9.9, 13.9 +/-15.2, 17.9 +/- 13.5 and 98.9 +/- 118.6, respectively, for Lead-1. On Lead-4, the SNR performance results were: Dmey (6.12+/-4.6), Db10 (6.29+/-4.5), EMD (11.2 +/- 14.2) and SA (45.1 +/- 40.9). Therefore, the study revealed that the EMD based denoising technique offered the best performance on both upper-arm ECG leads; and the two DWT based techniques performed similarly between the two wavelet types (Db10 and Dmey), in their ECG denoising ability.

## I. INTRODUCTION

A dominant factor of global health are cardiovascular risk and diseases [1]. Cardiac patients with account for a large proportion of attendances at hospital outpatients and emergency rooms [1]. Cardiovascular disease (CVD), is the most common underlying cause of death in the world, accounting for an estimated 31.5% of all global deaths [2]. The electrocardiogram (ECG), recorded on the body surface, has been the standard clinical tool for investigating the electrical conduction in the heart, and for its ventricular stability monitoring, by means of detecting any arrhythmic

episode, and by characterising the heart rhythm in standard ECG recordings; usually with the chest leads. At risk patients present transient abnormal heart rhythms (arrhythmias) which are important in the diagnosis of heart disease and have prognostic significance [1]. As there are many different cardiac arrhythmias, their accurate detection and recording is an important clinical need and thus, continuous monitoring of the patients' heart rhythm is required for periods lasting from several days, up to a number of years, in order to enable the detection of transient arrhythmias at an early stage of heart disease, which would improve the effectiveness of appropriate treatment, reducing disease burden, disability and death. However, transient arrhythmias lasting only a few seconds are clinically difficult to detect.

There are two major categories to long-term monitoring of cardiac rhythm. a) Event recorders are non-invasive recording devices with sensing electrodes attached on the patient's body surface, usually on the chest wall; nevertheless, they are inconvenient (uncomfortable) for the patient and only suitable for short term recordings. b) Implantable loop recorders are implanted subcutaneously on the chest wall; however, while they are capable of monitoring heart rhythm during very long periods, there are considerable costs associated with the device itself and hospitalisation costs; besides the risks of surgery including infection [3]. Currently available cardiac monitoring arm/wrist bands do provide support in monitoring the heart rate; however, these cannot continuously capture ECG heart rhythm attributes provided within the heart beat P-QRS-T waveform interval. With CVD and lethal heart arrhythmias continuing to have a high mortality rate, it is important to provide patient compliant solutions for non-invasively monitoring the heart rhythm information in the P-QRS-T interval of the ECG from a long-term wearable device placed on comfortable positions of the body, such as along a single arm (armband) [4], or if possible, on the wrist. The challenges of this approach lie in the difficulty of detecting an adequate bipolar ECG signal due to the low amplitude and excessive muscle artefact in these so called "far-field ECG" locations [5].

At our Engineering Research Institute, we have developed various low-amplitude electrocardiographic signal recovery techniques in the past few years [4-6]. This platform of knowledge and expertise has been combined with more recent ECG denoising techniques, such as empirical mode decomposition (EMD) and enhanced EMD (EEMD), to address the aforementioned far-field arm-ECG recovery

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problem [6-8]. Of particular interest in this study is to comparatively evaluate the performance of three data-driven denoising techniques; based on the Discrete Wavelet Transform (DFT), EMD and having the ECG Signal Averaging (SA) method as the performance gold standard, when applied to left-arm, far-field bipolar leads electrogram signal enhancement for continuous heart rhythm monitoring.

## II. METHODS

### A. Bipolar Arm-ECG Leads

In this study, two bipolar leads derived from the upper arm were used for denoising performance evaluation of the data-driven DFT and EMD techniques. Figure 1 shows the location of the BIS-Quatro™ sensor strips used in this study [9]. It describes the location of the two bipolar arm-ECG leads used. Lead-1 is transversal upper-arm, bipolar lead, and Lead-4 is the axial, upper arm-forearm.

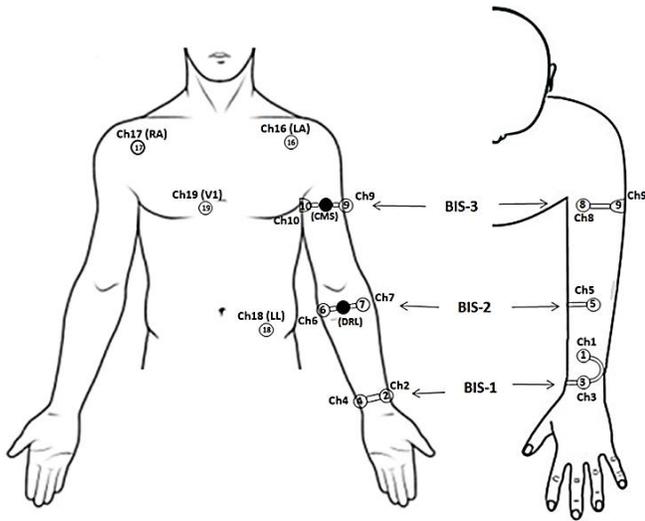


Figure 1. Unipolar left-arm potential mapping anatomical location of the 10 channels using the BIS-Quatro™ sensor strips; DRL is driven-right-leg; CMS is the common reference electrode [9].

TABLE 1. Definition and anatomical location of studied left-arm bipolar leads. BIS: BIS-Quatro™ sensors system [6].

#### Transversal left-arm BIS sensor bipolar leads

Lead-1 = Ch9 – Ch10 → (Upper arm)

Lead-2 = Ch7- Ch5 → (Forearm)

Lead-3 = Ch4 - Ch3 → (Wrist)

#### Axial left-arm BIS sensor bipolar leads

Lead-4 = Ch6 – Ch10 → (Upper arm-Forearm)

Lead-5 = Ch7 - Ch2 → (Forearm-Wrist)

Lead-6 = Ch10 - Ch2 → (Upper arm - Wrist)

Lead-7 = Ch1 - Ch3 → (Low wrist-Upper wrist)

### B. Clinical Database.

This study was carried out retrospectively from an arm-ECG dataset of 58 subjects, aged between 19 and 82 years, whose exclusion criterion is the presence of atrial fibrillation. The database was collected in the Cardiovascular Research Unit at Craigavon Area Hospital, Portadown (Northern Ireland). Ethical approval was obtained from HSC REC B (Health and Social Care, Research Ethical Committee, reference: 16/NI/0158).

### C. Pre-filtering

The pre-filtering stage was achieved removing powerline interference of 50 Hz with a notch filter, then a 4 order Butterworth bandpass filter with cut-off frequencies of 1-40 Hz was implemented.

### D. Denoising control process (ECG Signal Averaging)

QRS complexes detection and alignment was by means of the single fiducial point (SFP) technique [8] —the zero crossing point after R-peak, in the 3-30 Hz bandpass filtered version of the clear standard Lead-I ECG signal (low-noise, for control)— which generated the accurate R-wave time-series, used to ensemble average a selected arm-ECG lead in a 700 ms signal window, centred around every time element of the SFP time-series (from 400 ms before the SFP and 300 ms after the SFP), for every arm-ECG bipolar lead signal. Thus, in all arm-ECG bipolar leads (set of seven bipolar leads), consecutively aligned ventricular depolarization events, around 400 heart beats or more were included in the SA denoising process in each subject case [6].

### E. Denoising performance figure (SNR)

For each recorded subject, signal-to-noise ratio (SNR) measurements from each of the selected arm bipolar leads, after the application of a data-driven signal denoising process (DWT or EMD), will be compared with SNR measurements obtained after applying the SA denoising control technique on corresponding arm bipolar leads [5-6].

SNR was computed as the ratio between the standard deviation of a signal and noise. In this case, the signal corresponds a QRS complex (120 ms) of the ECG and the noise (40 ms) is the segment between T-wave end and P-wave start (see Fig. 2).

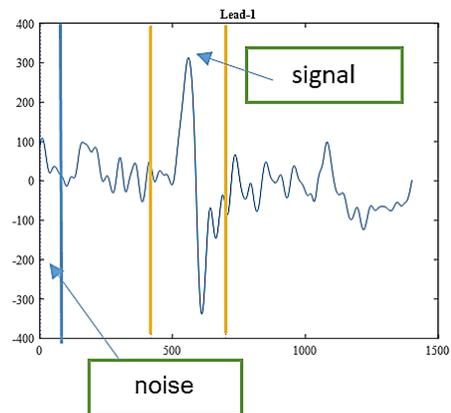


Figure 2. Positioning of the signal amplitude measuring window (120 ms) and noise amplitude measuring window (40 ms).

### E. Denoising using Daubechies DWT

The noisy arm-ECG signals are subjected to 10-level DWT decomposition using the **db10** wavelet bases function, where the decomposed signal can now be represented by a collection of detail coefficients (CD1-CD10) and one approximation coefficient at the lowest level of decomposition (CA10) [7]. This level of decomposition was chosen because it allows for the good separation of both the low and high frequency content of the signal, which is important when attenuating noise artefacts with differing characteristics. The isolation and cancellation of the CA10 coefficient has previously been shown to be an effective method of baseline wander attenuation [10]. In order to attenuate PLI, the CD1-CD4 coefficients are subtracted from the signal as this has been shown in previous work to effectively suppress PLI whilst negligibly affecting the morphology of the underlying ECG signal in cases using synthesized signals [11]. The ‘denoised’ signal is reconstructed from the remaining detail coefficients using the inverse DWT and the level of noise attenuation achieved via this method is quantified.

### F. Denoising using Discrete Meyer DWT

The Dmeyer DWT (Dmey) was implemented with three levels of decomposition as shown in Figure 3 diagram.

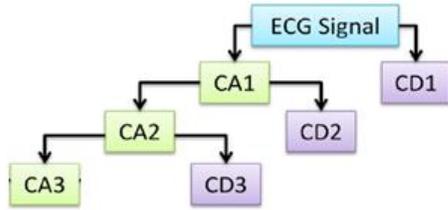


Figure 3. Dmey DWT implementation diagram with 3 levels.

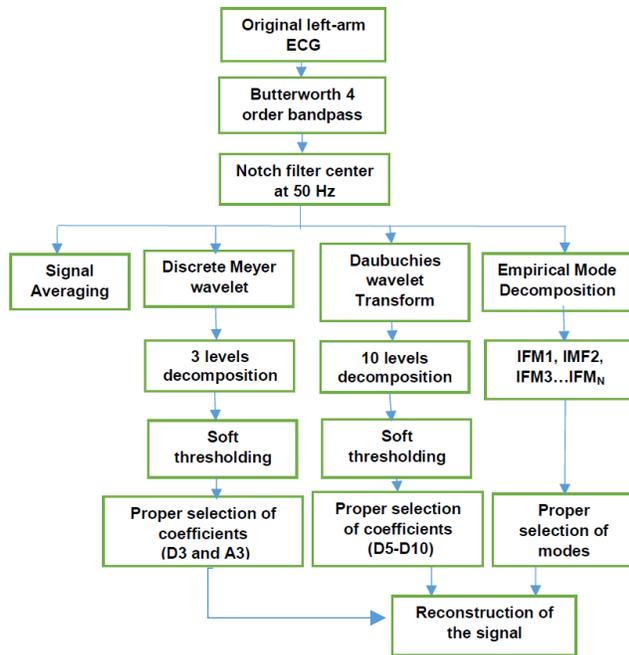


Figure 4. Block flowchart of the four main denoising processes applied to left-arm bipolar leads electrograms in this study.

As shown in Figure 3, CD1 and CD2 reconstructions contain entirely undesirable signal content (noise), therefore full band cancellation is required. CD3 reconstruction contains a mixture of desirable signal content and noise, therefore signal ‘thresholding’ can be utilised in this instance. CA1 and CA2 approximations contain low frequency information, so full band cancellation is required. ECG clean signal is the results of CD3 +CA3 [7].

### G. Noise Attenuation using EMD

Given a signal  $x(t)$ , the effective algorithm of EMD can be summarized as follows [12]:

1. Identify all extrema (maxima and minima) of  $x(t)$ .
2. Generate the upper and lower envelope ( $e_{min}(t)$ ,  $e_{max}(t)$ ) by connecting the maxima and minima points separately with cubic spline.
3. Compute the local mean  $r(t) = (e_{min}(t) + e_{max}(t))/2$ .
4. Extract the detail  $d(t) = x(t) - r(t)$ .
5. Iterate on the residual  $r(t)$ .

At the end of the decomposition process, the EMD method expresses the signal  $x(t)$  as the sum of a finite number of IMFs and a final residual [6]:

$$x(t) = \sum_{i=1}^n h_i(t) + r_n(t) \quad (1)$$

where  $h_i(t)$  are the IMFs and  $r_n(t)$  is a final residual, which is less than an arbitrarily chosen threshold.

The algorithm works iteratively by identifying the extrema of the signal and breaking it down thus ensuring that the number of modes is finite. The envelope is estimated by interpolating the extrema of the signal at each iteration.

## III. RESULTS

The results of denoising performance of the data-driven noise removal techniques and the control method (SA), are summarized in Table 2. The SNR figures are presented as the mean value and standard deviation assessed over the clinical dataset of 58 cases, for each type of denoising process and particular bipolar arm-ECG lead (Lead-1 & Lead-4).

TABLE 2. Results summary of SNR for transversal upper-arm Lead-1, and axial upper-arm Lead-4, with signal averaging (SA), wavelets dmey (Dmey), wavelets Daubechies 10h order (Db10) and empirical mode decomposition (EMD).

Denoising Method	Lead-1, SNR (Mean [ min-max])	Lead-4, SNR (Mean [ min-max])
SA	98.9 [1.15-649.6]	45.1 [4.9-200.4]
Dmey	11.8 [0.9-49.2]	6.12 [0.89-22.2]
Db10	13.9 [0.97-79.4]	6.29 [0.84-19.6]
EMD	17.9 [0.7-55.8]	11.2 [2.19-99.2]

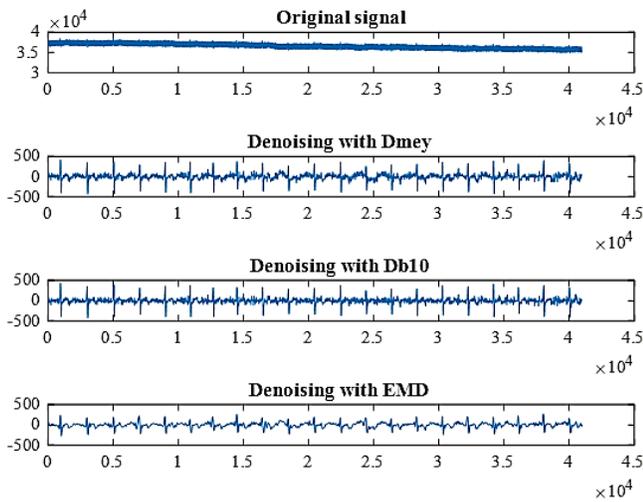


Figure 5. Left arm ECG original (Top) and after of the denoising process.

Figure 5 shows the raw ECG acquired and imported into Matlab, besides it displays clean ECG using the three denoising methods Dmey, DB10 and EMD.

Figures 6 and Figure 7, present the results and the performance of the denoising methods in terms of signal to noise ratio, for two left arm ECG lead. In Lead-1 SNR (media [min - max]) values for Dmey, Db10, EMD and SA are

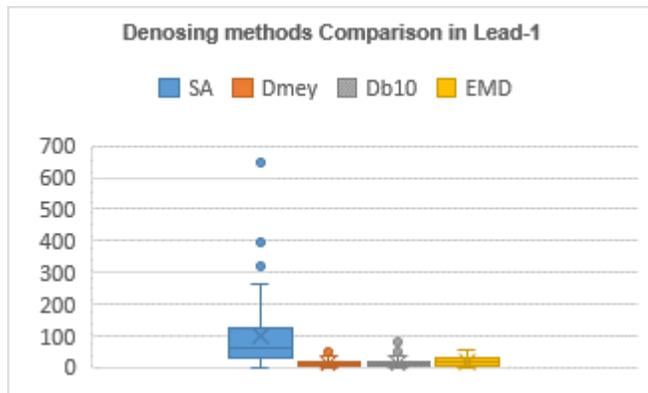


Figure 6. Denoising methods performance Boxplot for both Lead-1.

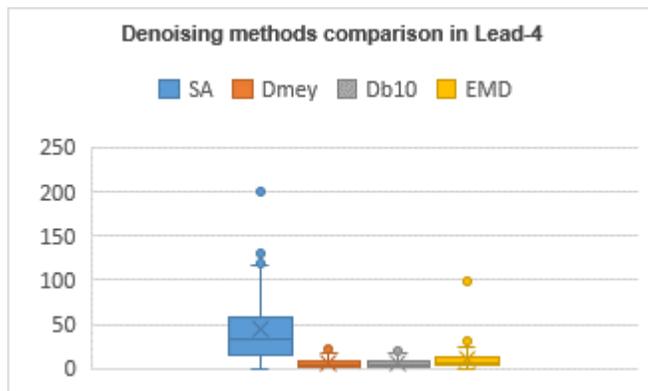


Figure 7. Denoising methods performance Boxplot for both Lead-4.

11.8 [0.9-49.2], 13.9 [0.97-79.4], 17.9 [0.7-55.8] and 98.9 [1.15-649.6], respectively. In Lead-4 results were Dmey (6.12 [0.89-22.2]), Db10 (6.29 [0.84-19.6]), EMD (11.2 [2.19-99.2]) and SA (45.1 [4.9-200.4]). It is evident that empirical mode decomposition for denoising shows the best performance in both leads, and the two wavelets methods were similar in their ability to reduce the noise as DWT techniques.

#### IV. DISCUSSION AND CONCLUSION

The electrograms from the two arm-ECG leads considered: Lead-1 (on the upper-arm, transversally) and Lead-4 (axially, along the upper-arm), were significantly enhanced as a result of the data-driven processes evaluated in this study, revealing that the EMD based denoising technique offered the best performance on both upper-arm bipolar ECG leads, in comparison to the DWT based techniques (Db10 and Dmey). The SA denoising process was far superior, but was presented as a reference in the study; it is not possible to achieve in practice. The results are in support with previous reports but with different clinical datasets, including atrial fibrillation applications (AF-ECGs) [5-7].

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